

# MILES WITHOUT STILES

TRAILS SUITABLE FOR PEOPLE WITH IMPAIRED MOBILITY, WHEELCHAIRS, MOBILITY SCOOTERS AND PUSH CHAIRS



Bramber village and castle © Ian Canham/Alamy

## BRAMBER

The historic village of Bramber with its medieval castle is the starting point for this riverside route. Running alongside the river Adur this *Route for All* is set against the backdrop of the South Downs. The footpath starts on the opposite side of The Street from the car park, simply follow the pavement east and take the footpath driveway behind St Mary's House turning left before the caravan park towards the river.

Wheelchair users, motorised buggies and


families with pushchairs will find this wide, newly laid surface easy to negotiate. Where the path joins the South Downs Way you can either turn around or for those who want to continue on take a circular route turning right on to the Downs Link (bridleway) and follow the path back to the riverside under the bridge at the A283. The route from this point is classed as a *Route for Many* so some gradients are steeper than 1 in 10. These are marked on the map. Keep a lookout for herons and kingfishers on the river.

## SOUTH DOWNS NATIONAL PARK

From rolling hills to bustling market towns, the South Downs National Park's landscapes cover 1,600km<sup>2</sup> of breathtaking views, hidden gems and quintessentially English scenery.

## CONTACT US

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SOUTH DOWNS  
NATIONAL PARK





## KEY

Parking	Long Distance Path
Pub	Bridleway
Bus stop	Footpath
Ramp	Road
Point of interest	Route for All
Fields	Route for Many
Buildings	
Water	

## DISTANCE:

The *Route for All* is a linear route of 2.2 miles (3.6km) there and back. For a short 1.4 mile (2.3km) circular route join the *Route for Many* (blue route on map) halfway along the *Route for All* beneath the road bridge. Or for a longer, 2.8 mile (4.6km) circular route continue to the end of the *Route for All* and join the *Route for Many* (blue on the map) at the southern end.

## START POINT:

Car park on The Street, Bramber, West Sussex, BN4 3WE

## TURNING POINT:

Junction with the South Downs Way/Downs Link close to the footbridge.

## FACILITIES:

Disabled toilets in the car park. In Bramber you'll find refreshments at the Castle Hotel, Restaurant and Bar opposite the car park and Old Tollgate Restaurant and Hotel opposite the church and castle which serves cream teas and sandwiches.

## GETTING THERE:

**By bus:** Catch the no. 2 bus from Brighton and Shoreham to the Castle Inn at Bramber, the no.100 from Horsham/Pulborough/Burgess Hill or the no. 108 (Wednesday only) from Horsham.

**By rail:** The nearest railway station is at Shoreham-by-Sea.

