



Fred. Olsen Cruise Lines

# Scenic Waterways & River Cruising

*2019/20 sailings from Dover and Southampton*



Sail picturesque waterways to beautiful European cities  
on Fred. Olsen's smaller, ocean-going ships

*Bringing the  
world closer*

# Scenic Waterways & River Cruising

**Let Fred. Olsen's smaller, friendlier ocean-going ships take you on a scenic journey in 2019/20. Combining picturesque rivers and waterways with charming villages, historic towns and attraction-packed cities, the cruises on the following pages deliver countless pleasures. On many occasions these rewards are only possible due to our smaller scale fleet being able to take you closer to the action.**

You'll have the chance to discover the finer points of many European regions – France boasts gorgeous landscapes surrounding the Seine River, and historic Bordeaux, which was *Lonely Planet's* top city to visit in 2017. You can enjoy the ever-popular navigation of Spain's Guadalquivir River into the centre of Seville. Venture off the 'tourist track' to unearth the fascinating wildlife and untouched scenery of Greenland's remote fjords. Or perhaps take the specially-permitted route along Germany's Weser River into the Gothic city of Bremen.

Making the most of your smaller ship you'll be able to visit ports out of reach to larger vessels. Everything is so much easier when you can dock in the heart of towns and cities with the landmarks only a short distance away. What's more, almost all of these itineraries include overnight stays, allowing for more in-depth exploration at a pace that suits you.

For details of all Fred. Olsen departures from ports around the UK, as well as all Fly-Cruises, visit [www.fredolsencruises.com](http://www.fredolsencruises.com), contact your travel agent, or call us to order the full *Worldwide 2019/20* brochure.





### Explore beyond the tourist trail with RIB Powerboats

Take exploration to the next level with Fred. Olsen's new RIB Powerboats. Designed to divert away from the regular tourist trail, these exciting new crafts enable guests to head off on a journey of serendipity. Every trip is an exclusive, immersive experience – an unmissable chance to stimulate the senses and to see the world from a different perspective.

Navigating narrow waterways that are only accessible by small craft, they are the perfect way to uncover the most secluded settings. Travel to hard-to-reach areas and points of interest that can only be seen from the water, uncovering the soul of each destination. Powerboat Experience guests have recorded seeing a pod of orcas breaking the surface, touching the spray while gliding behind a tumbling waterfall, hearing the creaking of glaciers and feeling a world away from everyday life in a quiet, secluded fjord. Now you can get even closer to the very best experiences with Fred. Olsen.

### Upgrade to All Inclusive from only £15 per person, per night\*

For even greater peace of mind, you can upgrade to All Inclusive: more than half of Fred. Olsen guests choose to take advantage of this great option. The upgrade covers a wide choice of drinks from just £15 per person, per night. You'll enjoy selected house wines by the glass, along with selected house beers, house spirits and soft drinks all day, every day, with 50% off many premium drinks too. Whether it's that refreshing juice by the pool or a G&T to round off your evening in style, it's all included in one fixed cost. Relaxing all the way: that's what a holiday with Fred. Olsen is all about.

### What's included with your cruise

One reason why so many people choose to cruise with Fred. Olsen is that we include so much in the cruise price, giving real peace of mind.

The following benefits all come as standard:

- Comfortable, stylish rooms and suites with Smart TV, hairdryer, tea & coffee making facilities and individually controlled air conditioning
- Irresistible choice of cuisine every day throughout your cruise – with five-course à la carte dinners, casual breakfast and lunch buffets, late-night snacks and more
- Unlimited, self-service tea and coffee at selected venues, afternoon tea with sandwiches and cakes, and in-room sandwiches and snacks
- Full use of on board leisure facilities including gym, swimming pools and Jacuzzis
- A wide variety of engaging on board activities and lectures throughout the day
- A full programme of evening entertainment, including dancing, cabaret shows, comedy and live music
- Formal welcome and/or farewell Captain's Drinks Party and Gala Buffet
- Hassle-free luggage portage between your room and the drop-off/pick-up point





### The fleet renewed

We're not interested in gimmicks like zip wires, climbing walls or celebrity chefs. We don't have boastful megaships. We take immense pride in our fleet of smaller-scaled vessels that retain the style, ambience and understated quality of a country house hotel. Our more personable ships ensure you feel at home straight away, avoiding the overwhelming, hectic atmosphere of larger vessels. Each ship has its own distinct personality; what they have in common, however, is the comfort and attentive service you'll appreciate as soon as our dedicated staff welcome you aboard.

A smaller ship doesn't mean less space; far from it. Each room is comfortably sized, with all that you'll need to enjoy your holiday. In fact, our rooms are comparable to those on some of the mammoth cruise ships. While our vessels are on a more accessible scale, you can have just as much private space. With fewer people on board

it's easy to find a quiet spot to relax in peace with a drink or a good book. There's room to stretch out by the pool and you can get ashore more quickly.

We ensure our ships remain contemporary too. From winter 2016 to spring 2018 the whole fleet entered dry docks for thorough refurbishments, including new restaurants, refreshed lounges, upgraded bedrooms and enhanced facilities, making them even better than before. From *Black Watch's* 4K, 3D cinema to the new al fresco Poolside restaurant on *Balmoral*, we continue to invest in our fleet to ensure there is no comparison to discovering the world on board a Fred. Olsen ship. With the fifth generation Fred. Olsen as Chairman and 170 years of seafaring heritage behind us, we believe we've found the perfect formula for you to get the best out of your holiday with us.

### Service with a smile

Each member of the Fred. Olsen team has been carefully selected for their warm and welcoming personalities. The quality of our people, supported by training and development, ensures they will give you a great holiday: in guest feedback our staff are always the most highly rated aspect of the whole experience.

### Your choice of rooms

When it comes to accommodation, our fleet of four ocean-going ships feature a range of choices, so you can pick what suits you best. Interior Rooms offer all the space, comfort and amenities you'll need, while Ocean View Rooms have the additional benefit of a porthole or picture window. Many are more spacious than Interior Rooms too, particularly if you book a Superior Ocean View.

For a distinctly superior experience, a Suite allows you to indulge a little more, with extra space so you can really unwind in style. Many suites come with Suite Dreams benefits too, including canapés, a welcome bottle of sparkling wine and complimentary pressing of formal wear. For more information on what's included, please visit [fredolsencruises.com](http://fredolsencruises.com)



## Food, glorious food

Dining on board is sure to be one of the highlights of your holiday, combining the renowned friendly and personal Fred. Olsen service with mouth-watering dishes, all planned to perfection. After a day exploring the world, our cuisine is a real treat to look forward to, whether you're indulging in a sumptuous five-course à la carte dinner or raiding the late-night buffet!

For a particularly memorable dining experience, each ship offers stylish speciality dining (for a small supplement) in exclusive indoor or al fresco locations. The premium dinner menus feature succulent steaks and seafood, as well as themed cuisine inspired by your cruising region. Booking ahead is recommended.

All menus include vegetarian dishes and a range of healthier alternatives too, all prepared to the same high standards. Should you have any special dietary requests, simply let us know at the time of booking. We'll do our utmost to make sure your needs are met wherever we can.

## Days to inspire, evenings to remember

Your experience on board our smaller, friendlier ships is sure to be just as memorable and enriching as your time ashore discovering the world. During the daytime, you may find ballroom dancing lessons, photography talks or entertaining quizzes – to name just a few

examples – alongside insightful talks from guest speakers and experts. How much or how little you join in is entirely up to you. Be sure to check out the *Daily Times* on board to find out what's on from day to day. When night falls, enjoy the sparkle of cabaret, comedy and music as the evenings come alive with orchestras, pianists, entertainers and shows. Simply sit back and savour it all, while you enjoy your favourite tippie, or that special cocktail made just for you.

## Staying ship shape

Cruising with Fred. Olsen is all about rewarding yourself and relaxing all the way, whether you're dreaming of your next adventure while sunbathing on deck, immersing yourself in the latest bestseller or watching the world go by from a bubbling Jacuzzi. But that doesn't mean you have to give up your usual healthy lifestyle. There are plenty of ways to help you stay in shape during your time on board, including Fitness Centres, swimming pools and fitness classes. You can even walk a mile in the crisp sea air: aboard *Boudicca* it's just five laps of the open deck.

If you'd like a little extra pampering, the Atlantis Spa offers a wide range of treatments to refresh and rejuvenate, from manicures to hot stone massages to seaweed wraps. All fitness classes and Atlantis Spa treatments are payable in addition to your cruise price.





### Cruise with real confidence, with Fred. Olsen's Enjoyment Promise\*\*

If you favour a welcoming, 'home-from-home' atmosphere, friendly, smiling staff and like-minded fellow guests with whom you can share a good story or two, you'll likely find travelling with Fred. Olsen a rewarding experience. You don't have to take our word for it though: we're so confident that you'll like cruising with us that we offer our Enjoyment Promise as standard\*\*.

Book more than 12 weeks ahead on cruises of five nights or more and if you find that it's not for you within 48 hours of sailing, just let us know and we promise to arrange and pay for your flight back to the UK from the next port and repay the cost of your cruise (you must read the full Terms & Conditions on the back cover before booking).

### Award-winning cruises

Our friendly staff and crews always work hard to give you the holiday of a lifetime. Pleasingly, this has been recognised by Fred. Olsen winning a number of high profile awards over the past few years, including Cruise Critic's 'Best for Itineraries' for three consecutive years, and gaining the highest rating for cruises under £200 per night in the 2018 *Which?* Cruise Survey.

Most importantly, from over 28,000 independent guest reviews Fred. Olsen has a guest experience rating of 4.5 out of 5 – along with being awarded Feefo's Gold Trusted Merchant status, for the fifth time. Perhaps that's why people who try us once so often choose to cruise with us again. There's never been a better time to experience the Fred. Olsen difference.

IF A FRED. OLSEN CRUISE ISN'T FOR YOU  
**Fred. Olsen's  
ENJOYMENT  
PROMISE**  
WE'LL REFUND YOUR CRUISE FARE\*\*





### **The right cruise at the right price**

All of the cruise prices within this brochure are Freedom Fares. These offer the best benefits and flexibility, including being able to choose your preferred dining time and favourite spot on the ship (subject to availability).

### **Shore Tours to enhance your experience**

On the following pages are just a selection of the many and varied tours we offer, at additional cost, to enhance your cruise experience. For the full list, visit [fredolencruises.com](http://fredolencruises.com)

# French River Cruising with Bordeaux

1<sup>st</sup> April 2019 • 10 nights • Sails from Southampton • *Black Watch* • W1905

Prices from **£1,099** per person

On this immersive exploration of France you'll enjoy five tempting destinations, complemented by a generous helping of scenic Seine River cruising. Bordeaux will be brought closer, courtesy of *Black Watch's* ability to dock in the beautiful city centre, and what's more there's also a rare opportunity to explore the medieval island of Mont St Michel.

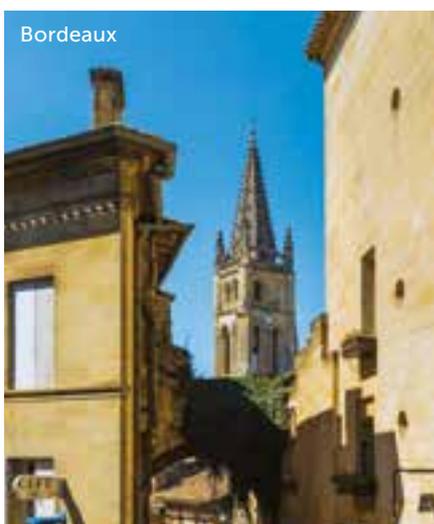


Date	Arrive	Depart	Destination
<b>APRIL 2019</b>			
Mon 01		PM	<b>Southampton</b>
Tue 02	early am	late pm	<b>Saint Malo, France</b>
Wed 03			<i>Cruising</i>
Thu 04	early am	late pm	<b>La Rochelle (from La Pallice), France</b>
Fri 05	early am		<b>Bordeaux, France</b>
Sat 06		late night	<b>Bordeaux, France</b>
Sun 07			<i>Cruising</i>
Mon 08	early pm	late night	<i>Cruising Seine River</i>
Tue 09	early am	late pm	<b>Rouen, France</b>
Wed 10	early am	early pm	<b>Honfleur, France</b>
Thu 11	AM		<b>Southampton</b>



Seine River

Charming Saint-Malo, on the stunning coast of Brittany is the first destination. An ideal hors d'oeuvre before the days of exciting city discovery to follow. From here, there's a chance to visit the fairytale island of Mont St Michel. With its slender-spired abbey towering over narrow streets, medieval fortifications and over 60 national heritage sites, this is one of France's most iconic places. La Pallice is your gateway to the scenic landscapes and landmarks of La Rochelle; the flavoursome Cognac region; and the enchanting marshlands of Marais Poitevin ('Green Venice').



Bordeaux

In Bordeaux, seeing the city – much of which is a UNESCO World Heritage Site – begins at the end of the gangway, courtesy of *Black Watch's* smaller size. Though the countless historic landmarks are sure to delight, no visit would be complete without sampling the famous wine culture. Invigorating experiences await at the Cité du Vin Museum, which offers a fantastic insight into the history of French wine and cuisine, and on authentic tours to the renowned vineyards of the Medoc region.

Following several hours sailing through French countryside along the Seine River, Rouen brings the chance to hear tales of Joan of Arc and Richard the Lionheart on a walking tour; admire the traditional half-timbered houses; savour the flavours of the surrounding Normandy region; or take a romantic trip to Paris, perhaps. Pretty Honfleur completes this enticing line-up. You're sure to be spellbound as you uncover the 16<sup>th</sup> century streets and attractive harbour – a glistening reminder of Normandy's maritime past.

## Room types

Price shown is per person based on two sharing an Interior Room. Please call or visit the website for details of other room types, including Ocean View Rooms, Balcony Rooms, Single Rooms & Suites.

# Waterways of Holland & Belgium

2<sup>nd</sup> June 2019 • 7 nights • Sails from Dover • *Boudicca* • D1912

Prices from **£899** per person

On this invigorating journey you'll have the chance to enjoy exploration by waterway, both from the comfort of *Boudicca* and ashore. In the likes of Amsterdam and Ghent you can uncover the highlights via canal boat tours, while there are evening sailings of the North Sea Canal, Nieuwe Maas and Ghent-Terneuzen Canal to complement your day's adventures.



Date	Arrive	Depart	Destination
<b>JUNE 2019</b>			
Sun 02		PM	<b>Dover</b>
Mon 03	early am		<b>Amsterdam, Netherlands</b>
Tue 04		late pm	<b>Amsterdam, Netherlands</b>
Tue 04	late pm	late night	<i>Cruising North Sea Canal</i>
Wed 05	early am	late pm	<b>Rotterdam, Netherlands</b>
Wed 05	late pm	late pm	<i>Cruising Nieuwe Maas</i>
Thu 06	early am	late pm	<b>Ghent, Belgium</b>
Thu 06	late pm	late night	<i>Cruising Ghent-Terneuzen Canal</i>
Fri 07	early am	early am	<i>Cruising Western Scheldt River</i>
Fri 07	early am		<b>Antwerp, Belgium</b>
Sat 08		late pm	<b>Antwerp, Belgium</b>
Sun 09	AM		<b>Dover</b>



Soon after departing Dover you'll arrive in Amsterdam for an overnight stay. Your options are in abundance here, from haunting stories at Anne Frank House to the comprehensive collection of world-renowned galleries and museums including the Rijksmuseum. Also recommended is a cruise tour along the canals, which are equally fascinating by day or by night. A sailing of the North Sea Canal brings Rotterdam, a city that surprises with futuristic architecture: the Markthal and Cube Houses are particular highlights. An evening scenic cruising along Nieuwe Maas concludes your time in the Netherlands, before sailing south to Belgium.



Ghent is the first of two Belgian delights on the menu. This medieval city showcases a host of attractions, including the striking Gothic structures of St Bavo's Cathedral and the Castle of the Counts and the UNESCO-listed, 91-metre-high Belfry. However you choose to explore, don't miss the chance to sample authentic Belgian chocolate expertly crafted by the city's legendary chocolatiers. *Boudicca* will leave Ghent by sailing the Ghent-Terneuzen Canal.

To round the trip off, there are two days in Antwerp. Within reach is the main square, Grote Markt, where you can admire the 16<sup>th</sup> century guildhouses. Elsewhere, the Royal Museum of Fine Arts – housing works by Rubens and other 'Flemish masters' – and the famed diamond district, are recommended if you choose to immerse yourself in the city's prized possessions. An all-encompassing city walking tour combines these landmarks with the chance to sample delicious Belgian chocolates. What better way to end your holiday?

## Room types

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# Cruising to the Heart of Seville & Bordeaux

8<sup>th</sup> June 2019 • 13 nights • Sails from Southampton • *Braemar* • M1914

Prices from **£1,599** per person • Adult travellers only (18+)

From tasting fine wines to marveling at the world's largest Gothic cathedral, from sampling tapas in the place it originated to taking a tour of the 'sherry capital of the world' – there are plenty of opportunities to be inspired on this 13-night adventure. There's a chance to explore Bordeaux and Seville too, *Lonely Planet's* top cities to visit in 2017 and 2018 respectively.



Date	Arrive	Depart	Destination
<b>JUNE 2019</b>			
Sat 08		PM	<b>Southampton</b>
Sun 09			<i>Cruising</i>
Mon 10	early am	late pm	<b>Avilés, Spain</b>
Tue 11	late am	late pm	<b>Vigo, Spain</b>
Wed 12			<i>Cruising</i>
Thu 13	early am		<b>Seville, Spain</b>
Fri 14		late night	<b>Seville, Spain</b>
Sat 15	early am	early pm	<b>Cádiz, Spain</b>
Sun 16-Mon 17			<i>Cruising</i>
Tue 18	late am	late night	<b>Bordeaux, France</b>
Wed 19	early am	early pm	<i>Cruising Gironde &amp; Garonne rivers</i>
Thu 20			<i>Cruising</i>
Fri 21	AM		<b>Southampton</b>



Docking alongside the modernist Óscar Niemeyer Centre in Avilés presents an interesting contrast to the Old Town nearby. From here, there's the chance to sample traditional Asturian Cider at a cider house. Next, the fishing port of Vigo is ripe for exploration, with sandy beaches, a stunning historic quarter and a scenic bay. The city is also perfectly-placed for tours to the Cíes Islands National Park. An overnight stay in Seville is ideal for tapping into the city's rich flamenco heritage with a seductive evening performance. *Braemar* will be docked close to the enchanting Parque de Maria Luisa and iconic Plaza de España, so the best highlights will be within reach.



Cádiz signals the end of the Spanish leg of your adventure. The ancient centre showcases a typically Andalusian maze of narrow cobblestone streets, alleys and squares, perfect for exploration. Cádiz is also famed for its delicious tapas, which – according to popular legend – originated in the city. For an authentic flavour of the region, take a trip to Jerez, the sherry capital of the world.

There's beautiful Bordeaux before your journey draws to a close. Much of the centre is UNESCO-listed, and it's all to hand when *Braemar* docks in the heart of the city. Though many famous landmarks are sure to delight, no visit would be complete without indulging a little in the famous wine culture. Invigorating experiences await at the Cité du Vin museum or on an authentic vineyard tour. Then you can relax – with lasting memories to treasure – as *Braemar* navigates the Gironde & Garonne rivers en route back to Southampton.

## Room types

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# The Fjords of Greenland

7<sup>th</sup> August 2019 • 16 nights • Sails from Dover • *Boudicca* • D1918

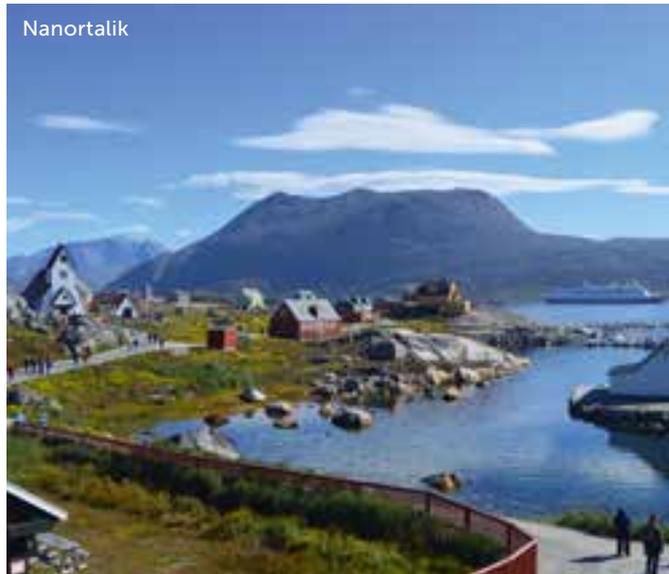
Prices from **£2,399** per person

Experiencing Greenland's isolated yet stunning natural wilderness is truly something special. You'll have the chance to witness the gleaming icebergs of Qooroq, admire the soaring mountains of Prins Christiansund and share the joy of traditional song and dance in Nanortalik. Iceland's volcanic wonders provide even more highlights to savour, too.



Date	Arrive	Depart	Destination
<b>AUGUST 2019</b>			
Wed 07		PM	<b>Dover</b>
Thu 08-Sat 10			<i>Cruising</i>
Sun 11	early am		<b>Reykjavik</b> , Iceland
Mon 12		late pm	<b>Reykjavik</b> , Iceland
Tue 13			<i>Cruising</i>
Wed 14	early am	late pm	<i>Cruising Prins Christiansund</i>
Wed 14	late pm	late pm	<i>Cruising Torssukatak</i>
Thu 15	early am	late pm	<b>Qaortoq</b> , Greenland ⚓
Fri 16	early am	late pm	<b>Narsarsuaq</b> , Greenland
Sat 17	early am	early pm	<b>Nanortalik</b> , Greenland ⚓
Sat 17	early pm	late pm	<i>Cruising Tasermit Fjord</i>
Sun 18-Tue 20			<i>Cruising</i>
Wed 21	late am	late pm	<b>Kirkwall</b> , Orkney Islands
Thu 22			<i>Cruising</i>
Fri 23	AM		<b>Dover</b>

⚓ Anchor port



The first port of call on this highlight-packed voyage is Reykjavik. An overnight stay in Iceland's capital allows ample time to explore its lively centre or perhaps head off to see the wonders of the Golden Circle: the Gullfoss Waterfall, the Strokkur geyser and Thingvellir National Park. Reykjavik is your gateway to the geothermal Blue Lagoon Spa, too.

Your first day amid the rugged splendour of Greenland is spent cruising the immaculate waters of Prins Christiansund. Meanwhile, the huge cliffs that rise from the shores of the Torssukatak Fjord will leave you breathless. Setting foot on Greenlandic shores at Qaortoq, you'll soon be immersed in spectacular scenery. Marvel at the intriguing 'Stone & Man' sculptures perhaps, or experience the tradition of Kaffe-Mik. From Narsarsuaq a boat tour to the Qooroq Ice Fjord is unmissable – the spectacular turquoise icebergs are a photographer's dream.

From these dazzling natural phenomena, you step back in time at Nanortalik. Here you'll get the chance to experience a slice of local life. The Open Air Museum showcases traditional clothing and kayaks, with song and dance shows staged exclusively for your visit. The final afternoon in this mesmerising land is spent cruising the Tasermit Fjord. Your final destination, Kirkwall, feels more Scandinavian than Scottish; the town's cathedral was dedicated to Saint Magnus by the Norseman Earl Rögnvald Kali. Elsewhere there are two excellent museums, the well-preserved Tankerness House, and a unique Italian chapel.



## Room types

Price shown is per person based on two sharing an Interior Room. Please call or visit the website for details of other room types, including Ocean View Rooms, Balcony Rooms, Single Rooms & Suites.

# French River Cruising in Five Nights

23<sup>rd</sup> August 2019 • 5 nights • Sails from Dover • *Boudicca* • D1919

Prices from **£699** per person

In just five nights, you'll experience two delightful cities along with hours of sailing the stunning Seine River. It's all courtesy of smaller, friendlier *Boudicca*. This is a shorter but sweeter journey of exploration, with chances to see Paris come alive at night and to discover the Claude Monet House and Gardens, among countless other highlights.



Date	Arrive	Depart	Destination
<b>AUGUST 2019</b>			
Fri 23		PM	<b>Dover</b>
Sat 24	early am	early am	<i>Cruising Seine River</i>
Sat 24	late am		<b>Rouen, France</b>
Sun 25			<b>Rouen, France</b>
Mon 26		early pm	<b>Rouen, France</b>
Mon 26	early pm	late pm	<i>Cruising Seine River</i>
Tue 27	early am	late night	<b>Honfleur, France</b>
Wed 28	AM		<b>Dover</b>



Waking up to views of picturesque countryside and pretty villages as *Boudicca* sails the Seine River en route to Rouen will ensure a delightful start to your French discovery. A two-night stay in Rouen will provide plenty of time to discover the rich heritage of the city. Among many exciting options, there is the chance to explore Rouen's links to Joan of Arc at Place du Vieux Marché, where the 'Heroine of France' was burnt at the stake; marvel at the city's spectacular Gothic-style cathedral; admire the traditional half-timbered houses and much more. Alternatively, make the most of your extended stay with a magical evening journey to see Paris' famous landmarks, such as the Arc de Triomphe and the iconic Eiffel Tower, in all their illuminated glory. The enchanting Claude Monet House and Gardens is within reach on tour from Rouen, too.



The beauty continues as you sail back along the Seine River and onwards to the delightful city of Honfleur, passing French countryside speckled with pretty houses; make sure you're out on deck – you won't regret it. A day to explore gives you plenty of time to immerse yourself in this picturesque port. With charming 16<sup>th</sup> century streets, eye-catching architecture, elegant churches and its old harbour (Vieux Bassin) – a glistening reminder of Normandy's maritime past – Honfleur has much to capture the heart.

## Room types

Price shown is per person based on two sharing an Interior Room. Please call or visit the website for details of other room types, including Ocean View Rooms, Balcony Rooms, Single Rooms & Suites.

Elsewhere, there are an abundance of quaint cafés that are perfect for watching the world go by. Alternatively, you may be tempted to join a tour to Bayeux, where you can view the iconic Bayeux Tapestry.

# French River Cruising with Bordeaux

6<sup>th</sup> September 2019 • 9 nights • Sails from Dover • *Boudicca* • D1921

Prices from **£1,199** per person

Exploration of four charming destinations awaits on this French-flavoured itinerary. You will have the chance to experience fine cuisine, appealing art, glorious architecture and influential history, along with iconic Paris on a tour from Rouen. All this will be complemented by two days cruising through the countryside on board *Boudicca*.



Date	Arrive	Depart	Destination
<b>SEPTEMBER 2019</b>			
Fri 06		PM	<b>Dover</b>
Sat 07	early am	late am	<i>Cruising Seine River</i>
Sat 07	early pm		<b>Rouen, France</b>
Sun 08		early pm	<b>Rouen, France</b>
Sun 08	early pm	late pm	<i>Cruising Seine River</i>
Mon 09			<i>Cruising</i>
Tue 10	early am	late pm	<b>La Rochelle (from La Pallice), France</b>
Wed 11	early am		<b>Bordeaux, France</b>
Thu 12		late pm	<b>Bordeaux, France</b>
Fri 13	late am	late night	<b>Lorient, France</b>
Sat 14			<i>Cruising</i>
Sun 15	AM		<b>Dover</b>



Punctuating sailings of the scenic Seine River, two days in Rouen afford ample time to discover the city's highlights, including exceptional Gothic architecture. On a walking tour, you can uncover tales of Joan of Arc and Richard the Lionheart, while romantic evening tours to the French capital are an option too. Following Rouen, your adventure continues in La Pallice, which is perfectly positioned for an excursion to La Rochelle – known as the 'White City' due to the limestone facades that glow in the sun. La Pallice is also gateway to the famous Cognac region, where you can learn about and taste the drink that bears its name; and the enchanting marshlands of Marais Poitevin ('Green Venice').



## Room types

Price shown is per person based on two sharing an Interior Room. Please call or visit the website for details of other room types, including Ocean View Rooms, Balcony Rooms, Single Rooms & Suites.

*Boudicca* will conveniently dock in the heart of beautiful Bordeaux, the pièce de résistance of this fantastic French foray. Step off the gangway and you're in the heart of this captivating city, making it so easy to discover landmarks such as the Grand Theatre, the Cathédrale Saint-André and Place de la Bourse. The 'City Of Art and History' is also home to some 362 monuments. Of course, no visit would be complete without sampling the famous wine culture on a tour to the world-renowned vineyards of the Medoc region.

Finally, it's on to Lorient, a fascinating, typically French destination rebuilt following the devastation of World War II. There's history you'll want to uncover here at the concrete caverns of the Keroman Submarine Base, as well as in the fine selection of museums and galleries, all before heading back to the UK.

# Cruising to the Heart of Seville & Bordeaux

14<sup>th</sup> September 2019 • 13 nights • Sails from Southampton • *Braemar* • M1924

Prices from **£1,799** per person

This carefully planned itinerary showcases the finest ingredients of a Fred. Olsen sailing. Enjoy scenic river cruising that's only available to smaller ships such as *Braemar*; docking closer, in the heart of fascinating cities across Spain and France; and an overnight stay in Seville that allows more time to explore.



Date	Arrive	Depart	Destination
<b>SEPTEMBER 2019</b>			
Sat 14		PM	<b>Southampton</b>
Sun 15			<i>Cruising</i>
Mon 16	late am	late night	<b>Bordeaux, France</b>
Tue 17	early am	early pm	<i>Cruising Gironde &amp; Garonne rivers</i>
Wed 18-Thu 19			<i>Cruising</i>
Fri 20	early am	early pm	<i>Cruising Guadalquivir River</i>
Fri 20	early pm		<b>Seville, Spain</b>
Sat 21		late pm	<b>Seville, Spain</b>
Sun 22	early am	late pm	<b>Cádiz, Spain</b>
Mon 23			<i>Cruising</i>
Tue 24	early am	late pm	<b>Vigo, Spain</b>
Wed 25	early pm	late pm	<b>Avilés, Spain</b>
Thu 26			<i>Cruising</i>
Fri 27	AM		<b>Southampton</b>



You'll experience the benefits of smaller-ship cruising right away as *Braemar* navigates the Gironde & Garonne rivers. Sailing into the heart of Bordeaux means your exploration starts at the end of the gangway. This 'City of Art and History' hosts landmarks such as the Grand Theatre and Place de la Bourse, and is home to some 362 monuments. No visit would be complete, however, without sampling the famous wine culture at the Cité du Vin museum. The next port of call is Seville, *Lonely Planet's* top country to visit in 2018. During your overnight stay, you'll be docked close to the enchanting Parque de Maria Luisa and iconic Plaza de España. Your stay affords time to savour an authentic flamenco performance too.

The ancient centre of Cádiz showcases a typically Andalusian maze of narrow cobblestone streets that are perfect for exploration. Considered Europe's oldest continuously inhabited settlement, Cádiz is also famed for its plentiful tapas, which according to popular legend, originated in the city. Authentic Andalusian flavours are also on offer at nearby Jerez, 'the sherry capital of the world'.



Cádiz

## Room types

Price shown is per person based on two sharing an Interior Room. Please call or visit the website for details of other room types, including Ocean View Rooms, Balcony Rooms, Single Rooms & Suites.

Vigo was built over a Roman settlement and an old hill fort. It sits at the heart of the Ria de Vigo making for an idyllic backdrop. The largest city in Galicia is your gateway to the Cies Islands national park. Charming Avilés rounds off your journey of discovery. Docking next to the modernist Óscar Niemeyer Centre will offer an exciting contrast to the Old Town nearby. From here, there's also a tempting opportunity to sample Asturian cider at a traditional cider house.

# Waterways of Holland & Belgium

26<sup>th</sup> September 2019 • 7 nights • Sails from Dover • *Boudicca* • D1923

Prices from **£899** per person

Escape on this alluring seven-night adventure to enjoy engaging museums; medieval monuments; canal boat tours; contrasting styles of architecture; and plenty more besides. It's all made possible by *Boudicca* navigating further, along inland waterways, to reach some of the best cities in the Netherlands and Belgium.



Date	Arrive	Depart	Destination
<b>SEPTEMBER 2019</b>			
Thu 26		PM	<b>Dover</b>
Fri 27	early am		<b>Amsterdam, Netherlands</b>
Sat 28		late pm	<b>Amsterdam, Netherlands</b>
Sat 28	late pm	late night	<i>Cruising North Sea Canal</i>
Sun 29	early am	late pm	<b>Rotterdam, Netherlands</b>
Sun 29	late pm	late pm	<i>Cruising Nieuwe Maas</i>
Mon 30	early am	late pm	<b>Ghent, Belgium</b>
Mon 30	late pm	late night	<i>Cruising Ghent-Terneuzen Canal</i>
<b>OCTOBER 2019</b>			
Tue 01	early am		<b>Antwerp, Belgium</b>
Wed 02		late pm	<b>Antwerp, Belgium</b>
Thu 03	AM		<b>Dover</b>



Amsterdam

Starting with an overnight in Amsterdam, you'll have an array of highlights to hand. You may choose to delve into harrowing history at Anne Frank House; immerse yourself in the Museum Quarter, which is home to the famous Rijksmuseum and Van Gogh Museum; or perhaps enjoy a unique perspective as you take in the sights by bicycle. As night falls, the scene will be set for a tour along Amsterdam's iconic canals. *Boudicca* will depart the Dutch capital via the North Sea Canal.

Rotterdam's futuristic 1970s Cube Houses and magnificent Markthal are well worth taking the time to visit. A scenic cruise along Nieuwe Maas concludes your time in the Netherlands. Sailing on to Belgium, you'll call into the medieval city of Ghent, which is renowned for its 'Three Towers' (St Bavo's Cathedral, St Nicholas' Church and the 91-metre-high Belfry) – viewable from St Michael's Bridge – as well as its museums. However you choose to explore, don't miss the chance to sample authentic Belgian chocolates expertly crafted by the city's artisan chocolatiers.

After your navigation of the Ghent-Terneuzen Canal and Western Scheldt River, Antwerp appears on the horizon. With *Boudicca* docking close to the centre, experiencing the highlights will be much easier. Among the attractions there's the Royal Museum of Fine Arts, housing works of the 'Flemish masters'; the elaborate guildhouses of the main square, Grote Markt; the mighty Cathedral of our Lady; and the legendary diamond district; and of course Belgian chocolates. Alternatively, you could opt to visit Antwerp Zoo, one of the oldest zoos in the world.



Rotterdam

## Room types

Price shown is per person based on two sharing an Interior Room. Please call or visit the website for details of other room types, including Ocean View Rooms, Balcony Rooms, Single Rooms & Suites.

# French River Cruising in Five Nights

19<sup>th</sup> October 2019 • 5 nights • Sails from Dover • *Balmoral* • L1927

Prices from **£599** per person

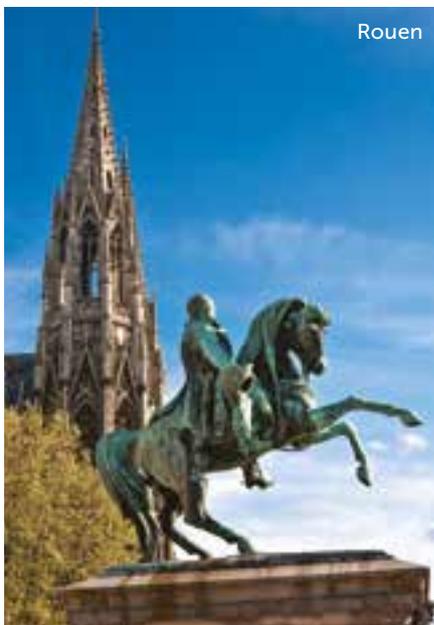
With calls into two classic French destinations, complemented by two chances to capture the Seine River in all its glory, this sailing will offer incredible experiences all the way. You'll be able to savour romantic Paris, visit the Claude Monet House and Gardens and more on this indulgent five-night escape. It's the perfect taster of the Fred. Olsen experience.



Date	Arrive	Depart	Destination
<b>OCTOBER 2019</b>			
Sat 19		PM	<b>Dover</b>
Sun 20	early pm	late pm	<i>Cruising Seine River</i>
Mon 21	early am		<b>Rouen, France</b>
Tue 22		late am	<b>Rouen, France</b>
Tue 22	late am	late pm	<i>Cruising Seine River</i>
Tue 22	late pm		<b>Honfleur, France</b>
Wed 23		late pm	<b>Honfleur, France</b>
Thu 24	AM		<b>Dover</b>



Your Seine River adventure begins as *Balmoral* navigates this iconic, size-restricted waterway in style. Make sure you're out on deck to experience unspoilt views of the gorgeous, lush-green French countryside and pretty houses dotted along the riverbanks.



An extended stay in Rouen affords you ample time to discover the rich heritage of the city and explore as you wish. There's plenty to compete for your attention. You may wish to learn the history of Joan of Arc and Richard the Lionheart while admiring traditional half-timbered houses on a walking tour; marvel at the city's spectacular Gothic-style architecture; sample the rich flavours of the surrounding Normandy region; or embark on an unforgettable journey to romantic Paris to see all the iconic landmarks of the French capital lit up at night. The enchanting Claude Monet House and Gardens is within reach on tour from Rouen, too.

Another afternoon spent admiring the beauty of the Seine in daylight hours follows, offering you another chance to take in the river's postcard-perfect scenes from the comfort of your ship. In Honfleur, the city's 16<sup>th</sup> century streets and mesmerising architecture are perfect for indulgent exploration. As is the attractive Vieux Bassin, with its lofty slate and timber-fronted houses and colourful fishing harbour. Elsewhere, there are many quaint cafés should you wish to relax and watch the world go by. To venture further afield, tours to the Norman city of Bayeux – home to the iconic Bayeux Tapestry – are available and highly recommended.

## Room types

Price shown is per person based on two sharing an Interior Room. Please call or visit the website for details of other room types, including Ocean View Rooms, Balcony Rooms, Single Rooms & Suites.

# Waterways of Holland & Belgium

8<sup>th</sup> November 2019 • 7 nights • Sails from Southampton • *Balmoral* • L1929

Prices from **£699** per person

This carefully crafted autumnal getaway packs in endless highlights; each day brings a destination to discover or a waterway to savour. After Amsterdam's canals and cultural hotspots comes the futuristic architecture of Rotterdam; the chocolates and medieval charm of Ghent; and the diamonds and fashion outlets of Antwerp.



Date	Arrive	Depart	Destination
<b>NOVEMBER 2019</b>			
Fri 08		PM	<b>Southampton</b>
Sat 09	early pm	late pm	<i>Cruising North Sea Canal</i>
Sat 09	late pm		<b>Amsterdam, Netherlands</b>
Sun 10		late pm	<b>Amsterdam, Netherlands</b>
Mon 11	early am	late pm	<b>Rotterdam, Netherlands</b>
Mon 11	late pm	late pm	<i>Cruising Nieuwe Maas</i>
Tue 12	early am	late pm	<b>Ghent, Belgium</b>
Tue 12	late pm	late night	<i>Cruising Ghent-Terneuzen Canal</i>
Wed 13	early am	late night	<b>Antwerp, Belgium</b>
Thu 14	early am	early pm	<i>Cruising Western Scheldt River</i>
Fri 15	AM		<b>Southampton</b>



Following a transit of the historic North Sea Canal, there'll be time for an evening tour along Amsterdam's iconic network of canals. There's more opportunity to explore the following day too, perhaps unravel the haunting history of Anne Frank House; take in world-renowned galleries and museums such as the Rijksmuseum and Van Gogh Museum; and even explore the city in-depth via bicycle, the locals' transport of choice.



Rotterdam showcases futuristic architecture that has to be seen to be believed, from the innovative 1970s Cube Houses to the magnificently modern Markthal. Take the day to explore Rotterdam at your leisure, before witnessing the impressive Erasmus Bridge and the city's striking skyline as *Balmoral* departs via Nieuwe Maas in the evening. The medieval city of Ghent is then yours to explore. It's renowned for its 'Three Towers' (St Bavo's Cathedral, St Nicholas' Church and The Belfry) – viewable from St Michael's Bridge – as well as delicious Belgian chocolates.

An evening will be spent cruising the Ghent-Terneuzen Canal. The following morning you'll arrive into beautiful Antwerp, via the Western Scheldt River. From *Balmoral*'s central docking location, you'll be able to wander the legendary diamond district, and unearth a host of other treasures including the intricate guildhouses of Grote Markt, the mighty Cathedral of Our Lady and the Royal Museum of Fine Arts. Perhaps you'll browse some of the renowned high-end fashion outlets, too. For the animal lovers, Antwerp is home to one of the oldest zoos in the world.

## Room types

Price shown is per person based on two sharing an Interior Room. Please call or visit the website for details of other room types, including Ocean View Rooms, Balcony Rooms, Single Rooms & Suites.

# Cruising German Waterways

22<sup>nd</sup> March 2020 • 7 nights • Sails from Dover • *Boudicca* • D2007

Prices from **£799** per person

Experience a string of fascinating attractions on a journey that fuses exciting destinations with incredible cruising of size-restricted waterways, including the Kiel Canal. Calling into Warnemünde, Hamburg and Bremen you can marvel at Gothic architecture; visit the Bergen-Belsen concentration camp; discover the landmarks of Berlin; and more.



Date	Arrive	Depart	Destination
<b>MARCH 2020</b>			
Sun 22		PM	<b>Dover</b>
Mon 23			<i>Cruising</i>
Tue 24	late am	late night	<b>Warnemünde, Germany</b>
Wed 25	early am	early am	<i>Cruising Kiel Canal</i>
Wed 25	early pm	late pm	<i>Cruising Elbe River</i>
Wed 25	late night		<b>Hamburg, Germany</b>
Thu 26		late pm	<b>Hamburg, Germany</b>
Fri 27	early am	late pm	<b>Bremen, Germany</b>
Sat 28			<i>Cruising</i>
Sun 29	AM		<b>Dover</b>



Kiel Canal

Your week-long journey begins with a relaxing day at sea to settle in on board. The charming beach resort of Warnemünde will be your first destination to explore, it's also ideally placed for river tours along the tranquil River Warnow, or for an excursion further inland to sample the iconic landmarks of Berlin. Should you choose to stay put, Warnemünde boasts wide, white sand beaches and a historic lighthouse offering unspoilt views of the Baltic Sea.



Hamburg

A chance to savour the size-restricted Kiel Canal comes next, after which *Boudicca* will sail the Elbe River into Hamburg. The vibrant city streets are sprinkled with an infectious maritime spirit and home to a number of highlights, such as the towering Town Hall; the magnificent Rathaus; and the ever-expanding Miniature Wonderland, which functions as the world's largest model train set. On a tour further afield, you'll find the harrowing site of Bergen-Belsen, which is home to Anne Frank's grave.

Bremen is then yours to discover. *Boudicca's* specially-permitted route along the River Weser means you'll dock in the city, as opposed to coastal Bremerhaven, so experiencing the highlights will be made much easier. You may opt for a walking tour to take in a medley of Gothic architecture and highlights, such as the Town Hall; cathedral; Roland and Town Musician statues; and the medieval quarter, Schnoor. Elsewhere there's the former docklands – Uberseestadt – which showcases the modern side to Bremen. Here you can find bars, stylish cafés and fine dining restaurants, set beside a beautiful harbour with a yacht-filled marina.

## Room types

Price shown is per person based on two sharing an Interior Room. Please call or visit the website for details of other room types, including Ocean View Rooms, Balcony Rooms, Single Rooms & Suites.



Fred. Olsen Cruise Lines

# Scenic Waterways & River Cruising

*2019/20 sailings from Dover and Southampton*

Cruise ID	Where to	From	When	Nts	Pg
W1905	French River Cruising with Bordeaux	Southampton	1 <sup>st</sup> April 2019	10	9
D1912	Waterways of Holland & Belgium	Dover	2 <sup>nd</sup> June 2019	7	10
M1914	Cruising to the Heart of Seville & Bordeaux	Southampton	8 <sup>th</sup> June 2019	13	11
D1918	The Fjords of Greenland	Dover	7 <sup>th</sup> August 2019	16	12
D1919	French River Cruising in Five Nights	Dover	23 <sup>rd</sup> August 2019	5	13
D1921	French River Cruising with Bordeaux	Dover	6 <sup>th</sup> September 2019	9	14
M1924	Cruising to the Heart of Seville & Bordeaux	Southampton	14 <sup>th</sup> September 2019	13	15
D1923	Waterways of Holland & Belgium	Dover	26 <sup>th</sup> September 2019	7	16
L1927	French River Cruising in Five Nights	Dover	19 <sup>th</sup> October 2019	5	17
L1929	Waterways of Holland & Belgium	Southampton	8 <sup>th</sup> November 2019	7	18
D2007	Cruising German Waterways	Dover	22 <sup>nd</sup> March 2020	7	19



These Terms and Conditions are in addition to Fred. Olsen Cruise Lines' standard Terms and Conditions, which are available in full on our website, [www.fredolsencruises.com](http://www.fredolsencruises.com) and on request. These must be read before booking. Information shown is correct at time of going to press (August 2018). Fares are per person, based on twin occupancy of the lead-in room, subject to availability. Fares are capacity controlled and may change at any time. Call for latest prices. Cruise descriptions include optional, chargeable experiences that may be enjoyed independently and/or with optional Fred. Olsen Shore Tours. Shore Tours are available to book prior to departure (subject to availability and service operation). We reserve the right to amend itineraries for operational reasons. \*All Inclusive Upgrade is charged at £15 per person, per night or £34 per person, per night on Short Breaks (cruises of four nights or less) and Speciality Sailings. Upgrade covers selected house wines by the glass, selected beers, spirits (single shot servings only) and soft drinks, subject to availability. Tours, tips, premium drinks, premium hot drinks, medical facilities and other spend, during travel to the ship and while on board, are not included. Any additional expenditure will need to be paid separately. All Inclusive Upgrade must be booked at least six days prior to departure and purchased for the full duration of the cruise by all guests on a booking. Refer to our website for full Terms and Conditions. \*\***Enjoyment Promise** excludes Party Nights and cruises of 4 nights or less. The Promise only applies to bookings made for departures more than 12 weeks ahead. The Enjoyment Promise only applies to passengers who have contracted with Fred. Olsen Cruise Lines ("FOCL") and excludes cruises on vessels operated by FOCL but booked through 3rd Party operators. Should you wish to invoke the Enjoyment Promise, you will need to inform Guest Relations within 48 hours of sailing at the latest. For passengers travelling on back-to-back cruises, the Enjoyment Promise is valid for the first 48 hours of the first sailing only and cannot be invoked on the commencement of the adjoining sailings. FOCL will arrange and pay for a flight and/or transport back to the UK. FOCL will refund the cruise cost only but will not refund other costs. E&OE