Come and explore the New Forest on two wheels...

Exploring by bike is the ideal way to discover the magnificant beauty and fascinating wildlife that can easily be missed by car.

The off-road and road-based New Forest cycle network offers something for all the family to enjoy. The Forestry Commission provides over 100 miles of off-road waymarked cycle routes. Most of these routes are particularly suited to families with children and can also be used by people on mobility scooters.

The routes are marked on the ground with wooden posts, each numbered. Some of these are shown on the map to help you find your way around. These marker posts also display an Ordnance Survey grid reference.

This map brings together these managed routes with all similar networks in the New Forest National Park and links to the surrounding area.

The New Forest is a beautiful, tranquil and environmentally sensitive place enjoyed by local residents and visitors alike. Mutual respect and courtesy are essential to enable those with different interests to enjoy the Forest together.

This is a working forest, with forestry, farming and equestrian activity on its narrow roads and tracks. Ponies, cattle and other animals are free to roam the Forest and most of its roads. Be aware that animals are easily startled and may suddenly move in your path.

Over 100 miles of off-road trails...

Follow the Forest Cycle Code

Please follow both the Highway Code and this New Forest Cycling Code, which is supported by cycling groups and local organisations.

Be considerate

• Ride politely and well clear of uneven road edges but with consideration to some road users. To allow weight to be transferred, keep left for 10ft to pull in and move into single file when necessary and safe to do so. Never ride more than two abreast.

• Get used, cycles only on the waymarked network of Forestry Commission cycle tracks, bridleways, byways, bridleways and designated routes. Use the map to plan your route, check the Forestry Commission website for route details and to try to be on Forest tracks for your ride.

• Be polite to other cyclists, motorists, pedestrians and residents.

• When passing possible corded animals, use your bell or call out a warning and allow them plenty of room. Be prepared to stop if necessary.

• Do not feed or play with the animals. Human food and grain are a danger to them.

• Close gates behind you as the animals can't stay.

• Respect the area of the Forest.

Be safe

• Keep animals slowly and to one side if possible.

• Take extra care near horses, as a kick from a horse could be fatal. Be prepared to stop. Use your bell or call out a friendly ‘beep’ to one side only. Look out for any reaction from the horse.

• Keep to a safe speed, on and off road, particularly on narrow lanes, steep hills and bends. Look out for potholes, loose surfaced roads and cattle grids.

• Look out for and obey cycle signs. Do not pass large vehicles and respect until you know it's safe to do so.

• Ensure you are visible by wearing bright or reflective clothing. Use light links, day, and on your daytime lights.

• Avoid the use of earphones.

On your bike

Cycling Hire

Looking for the best cycle routes in the New Forest? Then hire a bike with a free sat nav to guide you.

You can find more about the service at www.newforestcycling.co.uk

Cycling Information

Waldon Inclosure
Waldon, New Forest, SO42 7RR / Tel: 01425 618562 or 07850 043259

Trax Bike Hire (mobile delivery service)
Godshill, Fordingbridge, SP6 2JZ / Tel: 01425 612377

The Old Forge, Beaulieu, SO42 7YA / Tel: 07512 780890

Station Car Park, Brockenhurst, SO42 7RR / Tel: 01590 624204

Click to the nearest cycle hire shop.

Www.freebycycle.co.uk

Other local cycle hire options:

Garmin sat navs are free to hire at the following cycle hire shops:

www.newforestactivities.co.uk

Tel: 01590 612377

The Old Forge, Beaulieu, SO42 7YA / Tel: 07512 780890

Tel: 01590 624204 www.cyclex.co.uk

Through gate at Stanley Copse to inclosure and continue on gravel path.

On reaching major road turn right and follow large vehicle track towards Beaulieu.

Continue through gate onto national route 6.3km to exit.

Armed with a map and Garmin sat navs it’s easy to find your way around the Forest.

Hawkhill Indlosure

Off Road Cycle Trail 14.8km / 9.2mi

From Hawkhill Inclosure car park follow concrete path to 6.3km and exit to cycle path opposite.

Touch down at bottom left of the forest.

Across yard and continue on track signed ‘Beaulieu’.

Resume hard to follow bike track opposite.

Continue down hill on cycle track opposed.

Beaulieu.

From Hawkill Inclosure car park retrace concrete path to car park.

Continue up hill over crossing in track through gate at Stubby Copse Inclosure and continue on cycle track.

At gate adjacent B3055 retrace path back to car park.

Accident and Emergency

Bournemouth and Poole hospital.

For more adventurous cyclists, there are purpose built mountain bike skills circuits in Forest Leisure Cycling

For more information, visit our websites:

www.newforestcycling.co.uk

www.newforestactivities.co.uk

The New Forest Cycle Trails

Thousands of cyclists use the New Forest responsibly. Please be considerate to all other users at all times.

If you need this publication in large print or in another language please contact the Forest

Phone: 0300 067 5046

Email: divinity@newforest.gov.uk

For more cycle hire options, see our websites:

newforestcycling.co.uk

Www.newforestcycling.co.uk
The New Forest National Park
Cycle Routes

Please remember to stay on the waymarked routes when cycling off-road on the New Forest Crown Lands.